



Fall 2023 — Board Meeting Minutes

AMERICAN ASS'N FOR NUDE RECREATION • WESTERN REGION, INC.

via Google Meet • 8th and 9th November 2023
Andy Walden, AANR Western Regional Secretary

5:00 PM CA NV • 6:00 PM AZ CO NM UT WY • 3:00 HI ... EXECUTIVE SESSION

At the request of its Officers, the AANR Western Regional Board of Directors is in a closed meeting to discuss a possible legal action in which the Region has been named. Executive motions of the Board are as follows:

- **Motion 23/24 № 11-ES1** by Larry Gould (Kathy Watzel) ... 9 yeas | 0 nays → **PASS**.
“... the American Association for Nude Recreation, Western Region, go into Executive Session to discuss *Rex Lowery and Sheri Lowery vs. Jacumba Partners LLC, et al.* The following members of AANR-West shall meet in Executive Session to discuss the legal action in which we have also been named: President Cyndi Tendick, Vice President Treena Saavedra, Secretary Andrew Walden, Treasurer David Ziegler, Trustee Kathy Watzel; Directors Fredericka Carlile, Michelle Carlson, Larry Gould, Gary Holden, Jeff Jackson, Elizabeth Tharrington, Steve Schubert, Walter Wallace, Linda Weber.”
- **Motion 23/24 № 11-ES2** by Larry Gould (Michelle Carlson) ... 9 yeas | 0 nays → **PASS**.
“... the American Association for Nude Recreation, Western Region, shall contest the complaint entitled *Rex Lowery and Sheri Lowery vs Jacumba Partners LLC and the American Association for Nude Recreation, Western Region, Inc.*”
- **Motion 23/24 № 11-ES3** by Larry Gould (Gary Holden) ... 9 yeas | 0 nays → **PASS**.
“... the American Association for Nude Recreation, Western Region, shall work with the American Association for Nude Recreation to find legal representation, licensed in the State of California, to defend against this legal action known as *Rex Lowery and Sheri Lowery vs Jacumba Partners LLC and the American Association for Nude Recreation, Western Region, Inc.*”
- **Motion 23/24 № 11-ES4** by Larry Gould (Steve Schubert) ... 9 yeas | 0 nays → **PASS**.
“... Gary Mussell be removed as the Statutory Agent for The American Association for Nude Recreation, Western Region (without prejudice) once an adequate replacement can be found. This action shall be completed post-haste but no later than 31st December 2023.”

6:11 PM CA NV — 7:11 PM AZ CO NM UT WY • 4:11 PM HI ... CALL TO ORDER

00:00:28

Pledge of Allegiance – The Vice-President leads the assembled.

Roll Call – Nine of the nine Directors are present via *Google Meet*. Quorum is declared by the President:

• President	Cyndi Tendick	SHANGRI LA RANCH	AZ	present
• Vice President	Treena Saavedra	ROADRUNNER NATURISTS	NM	present
• Secretary	Andy Walden	Direct AANR member	HI	present
• Treasurer	David Ziegler	SHANGRI LA RANCH	AZ	present
• Trustee	Kathy Watzel	MOUNTAIN AIR RANCH	CO	present
• Directors	Fredericka Carlile	Direct AANR member	AZ	present
	Michelle Carlson	SHANGRI LA RANCH	AZ	present*
	Larry Gould	Direct AANR member	AZ	present
	Gary Holden	Direct AANR member	AZ	present
	Jeff Jackson	ROCKY MOUNTAIN NATURISTS	CO	present
	Steven Schubert	SHANGRI LA RANCH	AZ	present
	Elizabeth Tharrington	Direct AANR member	AZ	present
	Walter Wallace	SOUTHERN CA NATURISTS	CA	present
	Linda Weber	Direct AANR member	CA	present

*DELAYED (excused)

Introductions – AANR members and guests:

- Adrian Chianti
- Claudia Kellersch
- Rolf Holbach
- Gary Mussell
- Carlos Orosco

Announcement – Cyndi Tendick’s paternal grandmother passed away Saturday morning (4th November). She will be joining her family in Illinois and will not be in attendance for the second session of the Fall Board of Directors meeting. Vice President Treena Saavedra will facilitate in Cyndi’s stead.

Adoption of Agenda – The Fall 2023 Board of Directors Meeting:

- **Motion 23/24 № 11-1** by Larry Gould (Steve Schubert) ... 9 years | 0 nays → **PASS**.
“... the Agenda for the Fall 2023 Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 8th and 9th November 2023, be adopted as submitted.”

Approval of Minutes – The two Board of Directors Meetings during Convention:

- **Motion 23/24 № 11-2** by Larry Gould (Gary Holden) ... 9 years | 0 nays → **PASS**.
“... the Minutes for the 2022-2023 Outgoing Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 28th July 2023, be approved as written.”
- **Motion 23/24 № 11-3** by Larry Gould (Walter Wallace) ... 9 years | 0 nays → **PASS**.
“... the Minutes for the 2023-2024 Incoming Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 30th July 2023, be approved as written.”

6:19 PM ... BUDGET PROPOSAL

00:08:38

Finance Committee – The 2024 allocations will be assessed with the goal of a zero balance for the coming fiscal year. Adjustments can be made to discretionary funds for legal and other expected matters, or to any line items as needed. A budget is simply a *roadmap* acting as a guide to spending.



There is a lot of monetary *wiggle room* in the Budget to allow for unexpected expenses. The intent is to allow for more funds for Membership and Marketing, including club visits and public outreach such as *World Naked Bike Ride – Los Angeles*, festivals and shows.

6:26 PM ... OFFICERS’ REPORTS

00:15:45

President Cyndi Tendick:

- AANR’s new membership/marketing/PR campaign, “Visible Altruism,” focuses on outward community service by its affiliated clubs and individuals. Whether it is a food drive, donating blood, working a soup kitchen or other community services, AANR and its regions want to publicize it. We need to *toot our horn* a little more!

Vice President Treena Saavedra:

- There will be a list of individual club events which will be published soon. We can then start making plans for the Board members to visit the different venues as representatives of the Region. The focus of this session will be on club activities and lending our support, especially with the non-landed ones.

Secretary Andy Walden:

- The regional directory is forever in flux. If there are any additions or deletions necessary, or contact information has changed, please notify this office as soon as possible. Also, the names and e-addresses of the AANR officers as well as from the six other regions may need to be updated.

Treasurer David Ziegler:

- The new Budget reflects the Region’s emphasis on more involvement with clubs, in marketing and membership drives, and the promotion of AANR in general. AANR-West remains financially sound with a year-to-date total of approximately \$14,000 in net assets.



Trustee Kathy Watzel:

- As the Financial Officer for AANR, it can be reported that the Association is also in a good fiscal position. The best place to look for new members is at the non-**100%** clubs. Remember that AANR is not just a social club, we are here to help support the Right to Free Assembly and the privilege to be clothes-free.
- Four years ago, Erich Schuttauf began writing a column for [The Bulletin](#) in which he outlines how the Kissimmee office helps members with nudity issues and situations. Those articles will now be published on the AANR website and social media pages as a reference resource available to everybody.
- AANR's chair for WiNR, Andee Rodgers, and her husband have embarked on a four- to five-month *WiNR on Wheels* tour of the Northwest and Western regions to hold chats at various clubs. Also, AANR President Mitch London was recently on *Reddit* answering queries about Social Nudism.

6:26 PM ... COMMITTEE REPORTS

00:26:55

Internal Administration – The committee has nothing to report for this session.

Finance – Elizabeth Tharrington stands by her report as written:

- The Region expects to receive less assets from clubs and individuals this fiscal year.
- A more efficient and effective use of Google Suites could help others to organize on-line meetings.
- Three line-items on the Budget can be eliminated due to reduplication elsewhere or no longer necessary.

Public Relations – The committee presents verbal reports:

- **Website** – The *aanr.com* pages are updated at least once a week but usually more often as material is received.
- **Newsletter** – There is the possibility of have advertisers for *The Western Sun* to help with costs.
- **Social Media** – The number of visitors to our X account continues to rise.
 - *Cyndi Tendick* – *There have been enquiries about having more nudist-related content. The account receives lots of engagement, yet little if any use of real people, as opposed to memes, empty sceneries and the like, is a concern. Is it time to include actual or implied nudity within guideline bounds?*

Membership – The committee presents a verbal report:

- **Diversity & Inclusion** – There is a quote commonly attributed to Vernā Myers which begins, “Diversity is being invited to the party; inclusion is being asked to dance.” *The Western Sun* now has a DEI column each month.
 - *Tom Stark* – *Insightful quotes can be randomly and occasionally added to the website as a pop-up or a crawl at the bottom of the page without being obtrusive which will spur visitors to think and engage in conversation.*



Club Relations – The committee presents a verbal report:

- A lot of research has been applied towards finding a way for the Board to economically finance a trip to Hawai'i to meet with AANR-West clubs and members as well as lawmakers. Group rates for airfare, ground transportation and accommodation are being explored. Tentatively looking at November 2024.
- **Friends of Little Beach** – The Dep't of Land and Natural Resources (DLNR) has assumed unlegislated authority since Lockdown to run roughshod over visitors to Mākena. The *littlebeachmaui.org* website has a comprehensive list of their abuses of power along with a petition to protect the clothing-optional status.
- **Hawaiian Naturist Park** – Joe Klingman reports that HNP continues to receive good reviews. The website for their textile accommodations in Washington have links to HNP which get a lot of hits. Manager Greg Komarovsky was on his way to Israel when the heinous attacks were committed. He says his family is safe.
- **Southern Utah Naturist Society** – With the cooler weather approaching, the SUNS hot tub parties, movie and pizza nights, and pot-lucks replace their backyard pool gatherings. Alan and Freddie Carlile will be benchmarking with Arlene Carroll and Mils Johnson as they organize their new club in the Kingman area.
- **Swim Free Hawaii** – Captain Chuck Hauptert had a wonderful Summer and is anticipating a busy Hawaiian Winter. It is always busy for *Ke Kalikimaka a me ka Makahiki Hou* season in the Islands and the good captain continues to add more videos and photographs to his YouTube channel (@*swimfreehawaii*bycaptchuckh5524).

Marketing – Andy Walden stands by his report as written:

- **Multinational Outreach** – Hawai‘i has a unique perspective in regard to nudity. Nakedness was not viewed as sexual or shameful prior to Western contact and subsequent influences from missionaries or political authorities. Today, it is *nā haole* who seek clothes-free living whilst *kānaka ʻōiwi* tend to shy away or protest.
 - **Claudia Kellersch** – *The Spanish rack cards were well-received at the San Diego Earth Fair as well as DE ANZA SPRINGS. Unfortunately, both are no longer. Since AANR-West includes many areas with Spanish-speaking communities, including parts of México, it would be imperative to maintain an inventory of cards.*

¡Bienvenido al mundo del naturismo!



¿Ha considerado explorar el naturismo?
¡Hay tantos aspectos saludables por descubrir! Para usted que está indagando, una red de nudistas está disponible para ayudarlo en su búsqueda.

¿Cuál es el cuerpo perfecto para ser nudista? ¡El suyo! Su cuerpo es único y nuestros asociados son de todas las edades y tamaños.

El nudismo es una experiencia poderosamente liberadora. ¡Venga a conocer a nuevas amistades y a descubrir la libertad del nudismo!

Entonces, ¿qué espera? ¡Venga hoy!
¡Estamos listos para darle la bienvenida!



¡Usted nació para descubrir y disfrutar la vida natural!

La Asociación Estadounidense para la recreación nudista – región occidental – abarca Arizona, California, Colorado, Hawái, Nevada, Nuevo México, Utah y Wyoming. En estos ocho estados hay aproximadamente 35 clubes que ofrecen albercas, actividades deportivas, campamentos, eventos especiales, camaradería ... ¡y más!

Cuando usted se une con AANR-West, abre todo un mundo de oportunidades nudistas, y disfruta de la compañía de personas de ideas afines.

Los clubes y resorts afiliados con AANR-West acuerdan mantener estándares que aseguren que los huéspedes se sientan seguros, y protegidos en un clima saludable orientado a la familia, y no sexual.

Favor de visitar nuestro sitio
web: www.aanrwest.org

Dirección de correo electrónico:
information@aanrwest.org



- **Gary Holden** – *Not only should the region continue distributing this card but also consider developing one similar to the patron card! Tack them onto the supermarket community board, leave one on the restaurant table or the store counter; get them into the hands of the general public.*

Women in Nude Recreation – Elizabeth Tharrington stands by her report as written:

- As mentioned earlier, Andee Rodgers will be travelling throughout the Northwest and Western regions this Spring. Andee and her husband will embark on a speaking tour of landed and non-landed clubs — she will talk with the ladies and he with the gentlemen — to promote new membership and conduct workshops.

**Family
Young Adults** } The committee has nothing to report for this session.

- o **Cyndi Tendick** – *These committees ebb and flow through the years and are activated when necessary.*

Scholarships – The committee presents a verbal report:

- The Board has decided to contribute the Region’s scholarship fund to the AANR Education Foundation. The BL&PM Committee will need to make the appropriate changes to the Ruling Documents and present them at the appropriate time.
 - o **Kathy Watzel** – *Whether the transferred funds are earmarked for AANR-West recipients or for anyone will be at the discretion of the Foundation’s committee. The foundation is a 501(c)(3) charitable organization in partnership with the AANR operations.*



Sports – The committee has nothing to report for this session.

- o **Cyndi Tendick** – *We can have our 5K Run series promoted on a business-size card to be handed out at other running events, left at sporting goods stores and the like. This is another positive outreach for AANR-West to promote and encourage new members.*
- o **Kathy Watzel** – *Be sure to have them listed on the AANR website as well as the Region’s page. Ask the sponsors to also help promote the runs and other sporting events to capitalize on the publicity. The biggest cards we have are the web pages!*

By-Laws & Procedure Manual – Larry Gould stands by his report as written:

- There will be six motions to change the Ruling Documents, most of which will require Delegate approval at the Regional Assembly. They are, for the most part, cosmetic in nature but are also a paradigm shift in the way the documents are organized. These motions should be ready for review at the Spring 2024 BoD Meeting.
- By-Laws profile *what* the Region and its Board of Directors’ responsibilities are; the Procedure Manual then outlines *how* those responsibilities are accomplished. In addition to moving procedures from the By-Laws, verbiage will be added to recognize new technologies in use which are lacking in our Documents.
- Augmentations to the Procedure Manual are made by the Board of Directors which makes it more flexible to changes as they arise. The By-Laws are the providence of the Delegates, and any foreseen changes need to be part of the agenda for the Regional Assembly.

8:03 PM PST WEDNESDAY ... MEETING IN RECESS

01:52:33

6:06 PM PST THURSDAY ... RETURN TO ORDER

00:00:16

Roll Call – Eight of the nine Directors are present via *Google Meet*. Quorum is declared by the Vice President:

• President	Cyndi Tendick	SHANGRI LA RANCH	AZ	excused
• Vice President*	Treena Saavedra	ROADRUNNER NATURISTS	NM	present
• Secretary	Andy Walden	Direct AANR member	HI	present
• Treasurer	David Ziegler	SHANGRI LA RANCH	AZ	present
• Trustee	Kathy Watzel	MOUNTAIN AIR RANCH	CO	absent
• Directors	Fredericka Carlile	Direct AANR member	AZ	present
	Michelle Carlson	SHANGRI LA RANCH	AZ	excused
	Larry Gould	Direct AANR member	AZ	present
	Gary Holden	Direct AANR member	AZ	present
	Jeff Jackson	ROCKY MOUNTAIN NATURISTS	CO	present
	Steven Schubert	SHANGRI LA RANCH	AZ	present
	Elizabeth Tharrington	Direct AANR member	AZ	present
	Walter Wallace	SOUTHERN CA NATURISTS	CA	present
Linda Weber	Direct AANR member	CA	present	

*PRESIDING OFFICER

Introductions – AANR members and guests:

- Rolf Holbach

Government Affairs – Steven Schubert stands by his report as submitted:

- Not much is happening since most legislatures and assemblies are in recess. Andy, Walter and Linda have expressed interest in working with GAT but, due to limited use licensing on the tracking software, pertinent information will be forwarded to the respective party.

Legal – Larry Gould refers to his report and the discussion for the By-Laws and Procedures Committee.

Conventions & Facilities – Trena Saavedra stands by her report as written:

- The Spring 2024 Board of Directors meeting will be conducted in similar fashion on the 19th and 20th March, both evenings starting at 6:00 PM PDT. There is a bid for the 2024 Regional Assembly and Convention which will be discussed in *Business Specifically Referred to this Meeting*.

Credentials – The committee has nothing to report for this session.

Western Nudist Research Library – The committee has nothing to report for this session.

6:11 PM ... BUSINESS SPECIFICALLY FOR THIS MEETING

00:05:43

Adoption of Budget – The 2024 Fiscal Year:

- **Motion 23/24 № 11-4** by Finance Committee (duly seconded) ... **8** yeas | **0** nays → **PASS**.
“... the 2024 Budget for the AANR Western Region be adopted as drafted and/or adjusted in accordance with the discussions conducted during the November “Fall” 2023 Board of Directors Meeting.”
 - **Rolf Holbach** – *Seeing what is happening in regard to legislative and societal perceptions of Nudism, we need to be more visible in order to normalize Naturism. It was proposed at a Meet-n-Greet to return to travel and trade shows, so let’s consider setting monies aside to have a presence at public venues.*



Denver Colorado Conv Center 20-21 January 2024	Los Angeles Los Angeles Conv Center 3-4 February 2024	Phoenix Phoenix Conv Center 17-18 February 2024	S F Bay Area Santa Clara Conv Center 16-17 March 2024
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- **Motion 23/24 № 11-5** by Conference & Facilities (duly seconded) ... **8** yeas | **0** nays → **PASS**.
“... the 2024 Convention and Regional Assembly for the American Association for Nude Recreation, Western Region, be hosted by SHANGRI LA RANCH (New River AZ) on 9th, 10th & 11th August 2024.”
 - **Trena Saavedra** – *The AANR Convention will be hosted by SHANGRI LA RANCH on 14-17 August, so it makes sense to hold the Western Regional Assembly there as well in order to minimize travel. It is hot in the Valley of the Sun during August but “it’s a dry heat!”*

6:23 PM ... NEW BUSINESS

00:17:28

6:24 PM ... ANNOUNCEMENTS

00:18:18

- **Tim Mullins** will be standing for AANR President. He has served on the AANR-West Board of Directors, as the region’s Trustee and as Chairman of the AANR Government Affairs Team. Tim is the current AANR VP.
- **19-20 March 2024** – Spring Board of Directors Meeting (virtual)

Linda Weber – An AANR Premier Member, Joel Schraan, expressed a wish to donate to the WiNR and Scholarship programs with the vision of more women and youths’ involvement with Nudism. After talking with Andee Rodgers (WiNR) and Al Gilewicz (Education Foundation), his donation of \$12,000 was secured this past September!

Vice President – Request for Adjournment:

With no objections, the Incoming Meeting for the 2023-2024 Board of Directors of the American Association for Nude Recreation, Western Region, is adjourned by proclamation.

Respectfully Submitted,



Secretary, AANR Western Region