

Spring 2023 — Board Meeting Minutes

AMERICAN ASS'N FOR NUDE RECREATION • WESTERN REGION, INC.

via Google Meet • 25th March 2023 Andy Walden, AANR Western Regional Secretary

09:59 AM AZ CA NV - 10:59 AM CO NM UT WY • 06:59 HI ... CALL TO ORDER

00:00:29

Pledge of Allegiance – The Vice-President leads the assembled.

In Memoriam – A moment to remember our former AANR-West Director Don Hubbard of LAGUNA DEL SOL, and other fellow nudists who have passed since we last met.

Roll Call - Nine of the nine Directors are present. Quorum declared by the President:

President Cyndi Tendick SHANGRI LA RANCH AΖ • present Vice President Treena Saavedra **ROADRUNNER NATURISTS** NM present Secretary Andy Walden Direct AANR member HI present Treasurer David Ziegler SHANGRI LA RANCH AZ present Trustee Kathy Watzel CO MOUNTAIN AIR RANCH present Directors Fredericka Carlile Direct AANR member ΑZ present Michelle Carlson SHANGRI LA RANCH ΑZ present Larry Gould Direct AANR member AΖ present Gary Holden Direct AANR member AΖ present Kay Nauta MOUNTAIN AIR RANCH CO present Steven Schubert SHANGRI LA RANCH AZ present Elizabeth Tharrington Direct AANR member AZ present Judy Tomboc GLEN EDEN SUN CLUB CA present Linda Weber Direct AANR member CA present

Introductions – Cyndi Tendick recognizes on-line visitors to the Board Meeting:

- Gary Mussell, former AANR-West President
- Tim Mullins, AANR Vice President
- Jeff Jackson, Rocky Mountain Naturists
- Rolf Holbach, SCNA, WNRL Director
- "Mr. Carl 42" (unidentified)
- Juan García (unidentified)

Announcements – Andy Walden presents two motions on the floor:

- Approval of Agenda The March 2023 Spring Board of Directors Meeting: Motion 22/23 № 03-1 by Judy Tomboc, seconded by Gary Holden ... 9 yea / 0 nay → PASS. "... the agenda for the 2023 Spring Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 25th March 2023, be adopted as submitted."
- Approval of Minutes The November 2022 Fall Board of Directors Meetings: Motion 22/23 № 03-2 by Larry Gould, seconded Liz Tharrington ... 9 yea / 0 nay → PASS. "... the Minutes for the 2022 Fall Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 19th November 2022, be approved."

10:07 AM ... DISCUSSION

Voting Practices and Procedures – Larry Gould facilitates a follow-up conversation regarding the two motions which were sent back to committee during the 2022 Regional Assembly.

- The BL&PM Committee needs input on how this Region should conduct its voting, both for officers and directors as well as motions brought during the annual Assembly. Each AANR-West club holds one vote per 25 members (BL: Art IV, § C) and direct members hold one vote each. The questions before the Board are: How shall balloting be offered; should proxy votes continue; shall electronic voting be allowed; if so, in what form? What is the most democratic and fiscally responsible way to make decisions for the Region?
 - In a corporation, proxies can be given to someone who will vote in your stead. Also, motions are set and cannot be amended, yet this Region tends to amend them at our "corporate" Assembly, as well as take nominations from the floor for positions on the Board – a process which counterintuitive to using proxies.



00:09:12

- The way AANR-West clubs are allocated votes by number of its members is the most equitable; what is not understood is why a direct member has more power than a club. Now that on-line meetings are available, clubs not represented in person are still able to have a say or a vote. One-vote-per-club is inequitable.
- If the Region wants its members to engage, then give them the vote. It is shocking how, across the board, the regions are with regards to conducting business. What if your club is not representing your thoughts?
- One-person-one-vote will reduce participation to only those members who engage in the political operations of the Region. This can have the potential of polarizing ballots rather than forming a consensus.
- What we are addressing is the rapid rise in the percentage of direct memberships. Look at reducing the voting blocs of larger clubs to give smaller ones a stronger voice. This may entice direct members to affiliate with a club.
- If on-line meetings are available, then proxy votes are moot since direct access to the processes is available.
- One-person-one-vote is the right fit for a small club but what kind of voice will it have against a large one?
- On-line voting is the way to go but the clubs need to have townhall meetings and talk with their members.
- Some members are having too much fun to involve themselves in the politics of running the association!
- There is a potential to stack a meeting for votes, especially with proxies. The clubs need to have their voices heard but so must those who take the time and effort to attend the Regional Assembly.
- We, as a region, should never interfere with the way a club determines how it is going to vote. There are no proxy votes in a government election; the Region should also not have proxies. If a club or an individual fails to show for Regional Assembly in person or electronically they have given away their say in the election.
 - AANR has its By-Laws in which members vote directly on changes or additions and the Governance and the Operations manuals that are controlled by the officers or trustees, depending on the proposal.
 - No matter the outcome or possible changes, it will never be perfect and there will be those who feel slighted.
 - Voter participation is typically low when there are mostly uncontested open positions. AANR distributes ballot information six to eight weeks prior to elections to ensure members have enough time to participate.
 - Motion pro and con statements are anonymous they are published in The-Bulletin as well as e-mailed.
 - 0 Information is key; officers and directors as well as club management need to talk with the membership.
 - AANR was an association of owners and managers but, as the percentage of direct memberships increases, so needs their voices to expand. The onus is on the clubs to inform their members to build their voting bloc.
 - Perhaps we need to find out why the direct-member count is rising as opposed to joining a club.
 - When AANR went to individual, rather than couple, memberships, a lot of couples and families were using one email address. They may not be fully represented because they have not provided a separate e-mail.
 - Direct membership may be rising due to the cost of membership. If you reside at a club or visit regularly, you must be a member. If you seldom visit a club, it is cheaper to be a direct member.

11:02 AM ... BREAK

11:10 AM ... OFFICERS' REPORTS

President – Cyndi Tendick stands by her report as written.

- A questionnaire was sent to the other six regions asking about their voting procedures. Of the three who responded, the answers show a wide spectrum of methods. This was the basis for the preceding discussion.
- An order for tchotchkes has been placed to get ready for the California Park & Recreation Conference and Exposition in San Diego.
- As moderator for the Young Adults break-out room on the semi-monthly AANR Meet-n-Greet, the conversations and perspectives have been informative and very interesting.
- Plans are progressing with Judy Tomboc and GLEN EDEN SUN CLUB committees for our summer sports events.

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	AANR-WEST CLUB MEMBERSHIPS	AANR-WEST DIRECT MEMBERSHIPS
	6627	1932

Vice President - Treena Saavedra stands by her report as written.

- Credential paperwork will be in the mail soon. If you know of any changes in contact information for the clubs, please let me know as soon as possible.
- The Director Spotlight column continues to be featured in **The Western** sour newsletter. If you have not submitted your profile, please send it as soon as possible to Gary Holden (*social@aanrWest.org*).
- Forms are ready for anyone interested in standing for office or a seat on the Board of Directors. There will be an article in the April newsletter to encourage more people to attend the Regional Assembly.

01:04:10

01:11:33

Secretary – Andy Walden stands by his report as written.

- A reelection bid as Secretary is planned. It is with the hope of continuing to elevate the standards of this office as well as the image our Region has with its members.
- Our association sells a unique product which may not sit well with some and can be exploited by others. Let's be cognizant of with whom we associate, in both the real and cyber worlds.
- AANR has but one mission: to expand, through education and promotion, the understanding and acceptance of social Nudism. That is our focus and should be our only focus.

Treasurer – David Ziegler stands by his report as written.

- With the support of our Officers and Board members, the Region is financially stable through work on our infrastructure, our focus in supporting our clubs and members, and the validity of AANR membership.
- AANR-West has been working "in the black" for three years. We have been spending sensibly and should exceed our budget expectations in 2023.

Trustee – Kathy Watzel presents a verbal report:

- Included with the Meeting Packet is the AANR 2023 Strategic Plan which was discussed at the recent Board of Trustees meeting.
- Those members who would like to receive a physical copy of The-Bulletin will pay an additional \$20 P&H fee when they renew their membership, starting 1st April. This is to offset increases in production and mailing.
- Displaying pineapples at AANR clubs was debated. Recognized for centuries as a symbol of hospitality, an inverted pineapple has been co-opted by swingers as a not-so-secret solicitation to *come knock on our door*.
- The Kissimmee office has experienced telephone problems and went through an upgrade, only to have the fees doubled. A different service will be installed soon to resolve this issue. "Bare with us!"
- AANR has multiple ways to support the distribution of any e-mails the Region needs to go to its members, whether it is daily, weekly, monthly or annually.

11:28 AM ... COMMITTEE REPORTS

Secretary's Note: The itinerary is adjusted due to a time constraint with no objections.

Government Affairs – Steven Schubert presents a verbal report:

Arizona Senate Bill 1698 (azleg.gov/legtext/56leg/IR/bills/SB1698P.pdf) has the potential of making any nude activity at SHANGRI LA RANCH, MIRA VISTA RESORT or other AANR-affiliated venues a felony if children are present. Penalties include imprisonment up to ten years and sex-offender registration. The bill has passed from the Senate to the House Judiciary Committee and onto the full House for consideration. This is in response to highly sexualized drag shows where children are in audience.

- In these situations, AANR will not advocate to have the bill wholly rejected but rather to assure exemptions for 0 legitimate nudist organizations are included. Similar legislation is happening in many jurisdictions.
- Radical behavior begets an equal and opposite reaction from legislators, no matter from which side of the Aisle it 0 comes. We must always watch for the broad-brush effect of new laws.
- The time to catch these bills is before they are introduced at their first legislative hearing. This may be a tough 0 battle and a governor's veto is the last resort, save for a House override.

Internal Affairs – This committee has nothing to report for this session.

Finance – Elizabeth Tharrington stands by her report as written. Time to consider where or how the Board will gather for the November Budget meeting.

Public Relations – Gary Holden stands by his reports as written.

If there is anything that a club or individual would like published via the website, newsletter or on social media, it needs to be sent to the committee's e-mail (social@aanrWest.org) for consideration.

Newsletter – Mailchimp[®], the e-mail marketing service used to distribute The Western 😂 Sun newsletter and collect e-



addresses from enquiries, has changed their pricing structure. At this point, with around 1300 emailchimp mail addresses, the annual cost would be \$300~\$500. The alternative is to use AANR's distribution at no cost. Deadline is the last day of the month at 11:59 PM MST.

Website – Tom Stark reports the information about the Haiku Contest is on the home page as well as a button for participants to submit their poems. It is recommended that a new e-mail (contest@aanrWest.org) be added to the website for this and future promotions.



01:30:23



• Social Media – Direct links to clubs' event calendars will provide more accessible and relevant information to our followers, ultimately increasing their engagement and attracting new followers.

Membership – The chair for this committee is open:

• Diversity & Inclusion – Linda Weber stands by her report as written:

At her meeting with Ron Ota, an AANR member in Honolulu, the idea for a *Haiku* writing competition was discussed. Haiku (俳句) is a Japanese form of poetry that incorporates specific syllabary, meter, seasonal or nature references, and irony. Contests are held in Japan, Hawai'i and elsewhere each year to honor the centuries-old tradition. AANR-West will hold such an event on-line throughout April and May – International Haiku Day is 17^{th} April – and a committee will select those which will be recognized in an upcoming edition of The Bulletin.

• A concern over cultural appropriation is voiced to which measures will be taken to avoid such worries.

Club Relations – Judy Tomboc and Andy Walden stand by their respective reports as written.

- Glen Eden Sun Club [JT] The AANR-West Summer Festival will be 23-25 June with the focal point being the sports tournaments. Kay Nauta will also be at GESC to assist. Prizes need to be equitable.
- Friends of Little Beach [AW] A comprehensive review of the situation on the *tolerated* nude beach at Mākena is included in the report packet. FoLB was a non-landed group of supporters which took stewardship of the small cove at the base of Pu'u 'Ōla'i on Maui but, with general acceptance of its clothing-optional status, the "club" disbanded for lack of participation. However, with the onset of the two-year Lockdown and renewed harassment by the state's Department of Land and Natural Resources, they have reactivated.
- **Hawaiian Naturist Park** [AW] Joe Klingman and Greg Komarovsky hold management meetings every-other Monday to discuss business. Progress continues on construction projects, including a new lānai with a wood-burning sauna and hot tub being installed.
- Southern Utah Naturist Society [AW] The non-landed club holds movie and game nights, potlucks and more twice a month. They are ready to open the 2023 *SUNSeason* of skinny-dip parties at a private pool, weather permitting. They also have local and out-of-state camping and hiking trips as well as visits to landed resorts.
- Swim Free Hawaii [AW] Captain Chuck Haupert continues to have good success with advertising via his YouTube channel (@swimfreehawaiibycaptchuckh5524) as well as his Facebook page (facebook.com/Swim-Free-Hawaii-114574047890826).

Marketing – The chair for this committee is open:

- International Outreach Andy Walden and Judy Tomboc stand by their report as written. Juan Marcos Castañeda-Contreras, President of the Bi-Shieeladi Festivales y Cultura charity, said that the reconstruction and restoration of the nudist enclave at Zipolite is almost complete but was ready in time for the successful Festival Nudista 8 during the first week of February.
 - There are specific laws and regulations which direct us as a not-for-profit organization on how purchases and reimbursements are conducted. A line item for "emergency relief funds" needs to be considered for the budget to avail monies at the discretion of the Board, officers or President.
 - A step-by-step process for purchasing and/or donating material or funds needs to be included in the regional Procedure Manual. This will help protect our 501(c)(7) status.

Women in Nude Recreation – This committee has two teams:

• External – Linda Weber stands by her report as submitted: A heartfelt thank-you to Judy Tomboc for her work with women's issues at GLEN EDEN SUN CLUB; also, to Elizabeth Tharrington and Freddie Carlile for their help in moderating the WiNR breakout room on the bi-weekly AANR Chats. For the first chat of the month, the



WiNR room is exclusively for women, so they may have a comfortable forum in which to express themselves; men are invited to join with their thoughts on the second monthly chat. Kudos go to Kay Nauta for her "WiNR Wire" column in The Western 😂 Sun newsletter. Finally, to Andee Rodgers, the AANR Chairman for WiNR, who organized a photo campaign to highlight women with words of empowerment to celebrate Women's History Month in March. She has created a website with 'blogs, words to inspire and information targeted to women in, or interested in, nude recreation. (womeninnuderecreation.com).

Internal – This team has nothing to report for this session.







02:50:05

03:29:29

1:28 PM ... COMMITTEE REPORTS (CONT.)

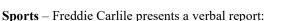
Family – This committee has nothing to report for this session.

Young Adults – Cyndi Tendick presents a verbal report:

Like the situation with the WiNR breakout room, the Young Adults' chat on the AANR Meet-n-Greet also has a concern with "older" adults wanting to participate. Not wanting to discriminate or assume, these breakout rooms are set aside to give these demographics a chance to discuss specific needs and know that they are not alone. One of the most innocent yet harmful-to-the-cause icebreakers is to welcome a young family or couple with, "How wonderful it is to see young people here!" Just include them in the conversation.

Scholarships – Larry Gould presents a verbal report:

The AANR Education Foundation would probably serve our region's students better than if AANR-West continued on its own. AANR-EF is a 501(c)(3) charitable organization in partnership with, yet independent from, the AANR operations. They collect donations towards funding kids' and youth camps, scholarships and grants, journalism endeavors and other requests. Contributions from AANR-West would be held specifically for our region's applicants; after a set time, monies not granted would go to the general fund. (*aanr-ef.com/who-we-are*)



A survey will be sent to each of the clubs' sports directors asking what their members would like in the way of prizes or recognition. There have been concerns voiced regarding inconsistencies in the awards given, so this is their opportunity to be heard and to have options.

By-Laws & Procedure Manual – Larry Gould stands by the report as written.

Our ruling documents still have issues in verbiage, legal terms and other concerns. The goal here is to make it more readable and comprehensive for the officers, Board and members alike. Andy Walden presents three motions:

Motion 22/23 \mathbb{N} 03-3 by BL&PM, duly seconded by committee ... 9 yea / 0 nay $\rightarrow PASS$ "... the WNRL be changed from *ad-hoc* to [a] chartered committee:"

Add the following committee to the Procedure Manual with any subsequent sections being renumbered accordingly:

5. __.00 Western Nudist Research Library: The WNRL Committee shall be responsible for maintaining direct communication with the WNRL Board of Directors, to provide support to the library's volunteers, and encourage donations from AANR, its regions and membership, as well as from outside sources.

Motion 22/23 № 03-4 by BL&PM, duly seconded by committee ... 9 yea / 0 nay → PASS.
"... the Procedure Manual § 5.04.00 and Appendix C₁ be updated as follows:"

10.04.00 Young Man and Woman of the Year:

The Young Man and Woman of the Year awards shall be based on the best essays by AANR-West Youth Members which detail what benefits the author has derived from being a nudist. Judging shall be by a committee appointed by the AANR-West Youth Family Chair. Essays received by the AANR-West Youth Family Chair prior to the Saturday of the AANR-West Convention shall be considered.

Appendix C1:

AANR-West **Youth** Family Activities Coordinator

• Motion 22/23 \mathbb{N}_{2} 03-5 by BL&PM, duly seconded by committee ... 9 yea / 0 nay $\rightarrow PASS$. "... the Procedure Manual § 2.01.03 be amended as follows:"

Officer and committee reports shall be submitted electronically to the Secretary 15 days prior to the date as prescribed in Section 2.04.01. Such submissions shall be in a format specified by the Secretary and shall contain no logo, personal information or page numbers.

Government Affairs – (see Pg. 3 of these Minutes).



As a 501(c)(7) organization based in California, there are rules prescribed by both state and federal governments the Region must follow in regard to the allocation of funds. Our processes continue to be in review, including funding for projects, reimbursements and other distributions.

Conventions & Facilities – Treena Saavedra stands by her report as submitted.

Details for the 2023 AANR Western Regional Convention and Assembly are forthcoming. Cyndi will have a meeting with the DE ÁNZA SPRINGS RESORT management and the conversation will be reviewed during the April chat.

Credentials – Treena Saavedra stands by her report as submitted.

An information packet will be sent to each club and resort within the next few weeks. It will contain the certifying documents for Assembly, along with award applications and forms to bid on hosting meetings and festivals. If any e-mail or USPS mailing addresses have changed, please communicate them promptly. (*credentials@aanrWest.org*)

Western Nudist Research Library – Judy Tomboc stands by her report as submitted.

Library President Mark Pavelchak is hoping for another donation from the Region in order to continue WNLR's work on the video kiosk. Monies are in this year's budget, so a donation can be made with justification. Also, WNLR will contact the Pomona Library regarding their nudist collection. They have previously said that our library may borrow one of six boxes of material at a time for the purposes of digitizing and cataloging the information.

Secretary's Note: To correct the committee report, the World Naked Bike Ride LA will be 24th June 2023.

2:11 PM ... NEW BUSINESS

Hollywood Fringe Festival – Many of the lesser-known theatres around Los Angeles and in Hollywood present independent plays during the month of June. In the past, AANR-West has helped sponsor nudist productions: not only are the actors on stage nude but so are the audience! For about a quarter to a third in attendance, it is their first nude experience in a social situation. Rolf Holbach is requesting, on behalf of the producers of "Disrobed – Live on Stage," a \$1500 seed loan which will be repaid from ticket sales. (*hollywoodfringe.org/projects/6996*)

- Motion 22/23 \mathbb{N} 03-6 by Linda Weber, seconded by Larry Gould ... 9 yea / 0 nay $\rightarrow PASS$.
 - "... a loan in the sum of \$1500 (one thousand five hundred dollars) to the production company of 'Disrobed Live on Stage' at the 2023 Hollywood Fringe Festival be approved."

2:23 PM ... ANNOUNCEMENTS

22 APR – CANYON STATE NATURISTS will be hosting a "burger-n-brätwurst" get-together at 5:00 PM MST (location to be announced). Club members will pot-luck the rest of the food.

22 APR – SHANGRI LA RANCH will have an old-fashion Sock Hop & Dance Contest, starting at 8:00 PM MST. There will be a great selection of dance music, and the DJ is always willing to play requests. Be there or be square!

Northern California Floods – LAGUNA DEL SOL, LUPIN LODGE and THE SEQUOIANS sustained damage from substantial winter rains between late-December and mid-January. Flooding, evacuations, landslides, washouts and power outages were experienced throughout the affected areas. Thankfully, there was no loss of lives, injuries or significant damage sustained at any of the properties.

Monthly AANR-West Chats – The casual, non-mandatory video calls will continue to be held on the second Wednesday at 6:00 PM to update projects and to review any current situations. With no objections, they will continue as scheduled.

Upcoming 5K Races – HBO Sports has been filming different sporting events around the country and contacted the AANR office enquiring about the nude 5K runs. The presenter was quite receptive (and a little overwhelmed) when she attended a volleyball tournament at WHITE THORN LODGE in Pennsylvania. She never realized how popular Nudism is, how sports are a big part of Nudism, and how much she enjoyed the experience! A film crew plans to be at OLIVE DELL RANCH for the race.

- 25 MAR DE ÁNZA SPRINGS \rightarrow Chillin' Nude 5K Run/Walk
- **30** APR OLIVE DELL RANCH \rightarrow Bare Burro 5K Run/Walk
- 03 JUN GLEN EDEN SUN CLUB \rightarrow Dare to be Bare 5K Run/Walk
- 14 OCT SHANGRI LA RANCH \rightarrow Bare Buns Desert Run 5K Run/Walk





04:25:04

04:12:59

Upcoming Events, Conventions, Meetings, &c. – Mark your calendars:

- **02-04 JUN** AANR Florida Summer Meeting \rightarrow LAKE COMO, Lutz FL.
- 09-11 JUN AANR Southwestern Convention \rightarrow STAR RANCH, M^eDade TX
- **15-18 JUN** TNS Western Gathering \rightarrow SHANGRI LA RANCH, New River AZ.
- **19-22 JUN** AANR Eastern Summer Meeting \rightarrow WHITE TAIL RESORT, IVOR VA.
- 23-25 JUN AANR Western Summer Festival \rightarrow GLEN EDEN SUN CLUB, Temescal Valley CA.
- 24^{th} JUNE World Naked Bike Ride Los Angeles \rightarrow route to be announced.
- 16-23 JUL AANR Midwestern Convention \rightarrow TURTLE LAKE RESORT, Union City MI.
- **21-23 JUL** AANR Northwest Convention \rightarrow SERENITY MOUNTAIN RETREAT, Estacada OR.
- **28-30 JUL** AANR Western Convention \rightarrow DE ÁNZA SPRINGS, Jacumba Hot Springs CA.
- 04-06 AUG AANR Western Canada General Meeting \rightarrow GREEN HAVEN SUN CLUB, Balgonie SK.
- 07-14 AUG AANR Convention \rightarrow SOLAIR RECREATION LEAGUE, Woodstock CT.

2:35 PM PST ... ADJOURNMENT

04:36:50

President – Request for Adjournment:

With no objections, the Spring Meeting for the 2022-2023 Board of Directors of the American Association for Nude Recreation, Western Region, is adjourned by proclamation.

Respectfully Submitted,

Secretary, AANR Western Region

	Committee	Chairman	Committee	Chairman
	Sub-Committee	Members	Sub-Committee	Members
	Internal Affairs	Tim Mullins	Family	Treena Saavedra
	Finance	Liz Tharrington		Cyndi Tendick
		David Ziegler	Scholarships	Larry Gould
	Public Relations	Gary Holden		Gary Holden
		Freddie Carlile	Sports	Freddie Carlile
		Linda Weber		Treena Saavedra
	Social Media			Judy Tomboc
	Website	Tom Stark	By-Laws & Procedures	Larry Gould
ASSOC.	Newsletter			Tom Stark
ALCAN ASSOCIATION	Membership			Andy Walden
aanr 10 NUDERECREATION	Diversity & Inclusion	Liz Tharrington		David Ziegler
	Club Relations	Michelle Carlson	Government Affairs	Steven Schubert
		Freddie Carlile		Tim Mullins
TESTERN REGION	Marketing	Cyndi Tendick		Cyndi Tendick
	Int'l Outreach	Judy Tomboc	Legal	Larry Gould
		Andy Walden		Tom Stark
	Women in Nude			Andy Walden
	Recreation			Andy Walden
	External	Linda Weber		David Ziegler
		Liz Tharrington	Conv. & Facilities	Treena Saavedra
		Judy Tomboc		Michelle Carlson
	Internal	Kay Nauta	Credentials	Treena Saavedra
		Freddie Carlile	Western Nudist Research Library	Judy Tomboc
	Young Adults (18-30)	Cyndi Tendick	-	Kay Nauta

AANR-WEST OFFICER AND COMMITTEE E-MAIL ADDRESSES					
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vicepresident@aanrWest.org	Treena Saavedra				
secretary@aanrWest.org	Andy Walden				
treasurer@aanrWest.org	David Ziegler				
trustee@aanrWest.org	Kathy Watzel				
credentials@aanrWest.org	Treena Saavedra				
events@aanrWest.org	Michelle Carlson				
info@aanrWest.org	Cyndi Tendick	Tom Stark			
membership@aanrWest.org	Kay Nauta				
scholarships@aanrWest.org	Larry Gould				
social@aanrWest.org	Gary Holden				
sports@aanrWest.org	Freddie Carlile				
winr@aanrWest.org	Linda Weber	Kay Nauta			
youth@aanrWest.org	Cyndi Tendick				