So. Cal. Clubs Combine Forces to Play Team Naked Laser Tag!

On May 26, about two dozen members from several Southern California clubs journeyed to Yucaipa, a small city west of Riverside, CA (about 30 minutes from Olive Dell Ranch), to play laser tag for 3 hours. The Lazer Legacy Lounge rented us their facility Sunday morning for 3 hours before their regular opening time of noon so we could play nude. We were not entirely nude as we were required to wear some protective gear and helmets. But otherwise, yeah, nude.

The goal of laser tag is to hunt the other players in an obstacle-filled arena with a special rifle that shoots a laser beam at the other person’s vest while they are trying to do the same to you. When their laser beam hits yours on specific spots on your vest, you lose a point, while the more hits you make on others, the more points you score. If your vest is hit too many times it becomes disabled while it recharges and you are essentially “out.” The room also has ramps, windows, mirrors, and gates to make the hunting more difficult.

Each round lasts 12 minutes. In the end the winning team is the one with most points. Individual scores are also tracked. Winners only receive bragging rights.

During our 3 hours, we got to play five rounds. The smiles on everyone’s faces and cheers for each team was infectious as we checked out the scoreboard at the end of each round.

This event is one of several planned for the several non-landed clubs in Southern California to come together and enjoy the day. The clubs say they get higher attendance by combining forces and it allows them to afford rental of a facility a club could otherwise not afford to do on its own.

Olive Dell Bans Cigarettes in All Common Areas

The management of Olive Dell Ranch has announced the entire common area was made a smoke free zone, effective May 18.

“There will be no smoking of cigarettes, e-cigarettes in the pool area and any of the patio areas,” read the email announcement.

There will be a designated smoking area in the golf cart parking area behind the restaurant, the bulletin further read. “A table and chairs, along with a bench, will be provided, along with ashtrays to extinguish and dispose of all cigarettes (please refrain from dropping cigarettes on the ground).”

This follows a similar ban at Glen Eden Sun Club around their main pool and patio area by Piper Hall, announced a few months ago.
June is World Naked Bike Ride Month

2018 WNBR riders

This is the first year that many of the AANR clubs and regions have become directly involved with the World Naked Bike Ride. The movement began about 20 years ago as a flash mob in Europe, protesting the high dependency of countries on fossil fuel and the need for continued renewable energy and technological advances to better our planet.

They were not getting any attention just by marching and carrying signs. So, like Lady Godiva of Coventry so many centuries ago, they learned that they could get people’s attention better if they stripped off their clothes and protested that way.

The movement expanded to several countries over the next few years and then it was collectively decided to formalize into a bike ride every June, and to add bicycle safety laws and body acceptance to the cause. The first or second Saturday of the month is the day most rides occur although some take place a week or so later to avoid conflict with other local city events (for example, the annual Gay Pride Weekend in Los Angeles).

In 2019, the World Naked Bike Ride will occur in over 70 cities in 20 different countries. In America, 25 cities will participate. Because of local nudity laws, there may be no more than a handful of riders streaking for a mile through a town. In others, like Chicago, New York, Philadelphia, New Orleans, and Los Angeles, the ride has official blessing and often with a police escort. Most of these cities will gather 200 to 400 riders, while the largest, through Portland, attracts over 10,000 participants. The ride through the center of London averages 3,000 riders and thousands of spectators lining the sidewalks cheering them on in support of a cleaner, safer, body-positive world. The ride in last month’s Mexico City event has an estimated 2,000 riders.

Los Angeles WNBR

The Los Angeles WNBR is scheduled for June 22. AANR-West is one of four co-sponsors. Registration starts at 10 AM, and the first leg of the ride will start at approximately 11-11:30 AM. Riders get a green wrist band to wear so the police can easily identify who is in the parade.

The first ride in LA was in 2004 and it wasn’t much of a parade. About a dozen people showed up along with about 40 police and a paddy wagon in case anyone actually took their clothes off. It took several years of building trust with both the police and the local city council before the ride took root. By having each rider carry or display a sign of protest, the city finally agreed the ride fell under First Amendment protection and they approved it. This is the 11th year the event has been “approved” under these conditions and about 400 riders are expected. And, yes, there will be a police motorcycle escort!

Clothing is always optional during the ride. Some will choose to remain dressed, body painted or costumed in some form, but many will ride nude. You ride “as bare as you dare.”

The ride is open to anyone who wants to support the event as an expression promoting bike safety, alternative transportation and positive body-awareness. Riders are encouraged to body paint themselves with slogans promoting the themes.

Some people prefer to wear inline skates or ride skateboards. Each year there is always someone with a tandem bike. Be creative as they wish.

Demographics: Over 60% of the riders are under age 30 with about 60-40% male. Another 35% of the riders are between ages 30-45. For many it is the first time they have ever been nude in public.

AANR-West, as well as other co-sponsors, will have information booths for anyone interested in the organization. We will also be giving away free flashlights, lip balm, and a few other giveaway items. There will also be food vendors and a company renting bicycles for the day.

If you come, don’t forget to bring several bottles of water, sunscreen, sunglasses, a hat, and optionally a towel to sit on the bike seat. Cameras are also allowed but be polite and ask permission before taking someone’s picture.

Sign up by clicking “Like” on the WNBR-LA Facebook page at www.facebook.com/WNBRLA.

How AANR Clubs Should Get Involved

There is a natural suspicion among the organizers when an outside group such as ours suddenly shows up and offers to help a few years after all the hard startup work is done. The last thing AANR needs to imply is they want to take it over. Simply start small. Ask where they need help and do that first. Usually, the leaders are a small group that is self-supporting, so providing volunteers to help check-in the riders or by giving financial aid will probably be best appreciated. Offer to rent some portable toilets, or to underwrite the parade permit if one is necessary. Later, you may ask that the co-sponsors be allowed to provide a table of literature, so those interested in other kinds of nude recreation can learn of our clubs and other AANR-sponsored activities. It will take time, but it is well worth the investment if the AANR club takes the long view.
Nudist Play to Premier June 13 in Los Angeles

AANR-West and the SCNA club are co-hosting this hilarious play in Los Angeles during the month of June. This is a nudist-focused play with all the performers appearing nude. That’s nothing new, really, but what IS new is the audience is also required to be nude!

All performances will take place at the Studio/Stage located at 520 N. Western Ave, LA 90004.

Tickets are $20 per person and will be on sale at: https://www.hollywoodfringe.org/projects/6210?tab=tickets

The play has received favorable preview reviews from the critics. Word-of-mouth is spreading fast and the producers tell us they have already received invitations to perform at theaters in both Orange and Riverside counties when the LA schedule is done.

Mountain Air Ranch Featured in Denver Post Article

The Denver Post recently contained a feature article about a first visit to Mountain Air Ranch by reporter Allyson Reed. The paper published “How I Got Naked in Front of Strangers At The Nation’s Second-Oldest Nudist Resort In Littleton” on May 22, 2019.

“I didn’t feel out of place or self-conscious for long,” Reed wrote. “And let’s give credit where credit is due here — it helped to have had a few drinks in my room beforehand.”

“This is not something I normally do… I’ve never been to a nudist resort” although she admitted to once visiting Haulover Beach in Florida and enjoyed it.

The author said she visited Mountain Air in April when it was still underpopulated from the winter snows and quite cold at night, so she wasn’t able to see many of the fun events that occur every weekend around the pool and clubhouse. Still, she was able to interview many of the full-time residents and also attend a Karaoke Night... (“No, I didn’t volunteer to sing any solos. Come on, even I have limits.”)

Reedy wrote that after a while, she found herself not really noticing the nudity either. “At the end of karaoke night, when everyone got on stage to sing God Bless America, I was right there with them, in the buff, with a smile on my face.”

“Afier the show was over, I was feeling so comfortable that I even started some conversations completely naked.”

Ernie Weise, an AANR-West Board of Directors, was one of those interviewed. He told her during the summer months karaoke can get 80 people crowded into the clubhouse and almost all of them take turns singing onstage.

“It’s kind of like a throwback to the ’60s,” Wiese said of the Ranch.

There’s more to do at the Mountain Air Ranch than naked karaoke, she wrote. “The Ranch has a vintage summer camp feel with 10 miles of hiking trails, bocce and tennis courts, a pool, hot tub, steam room, playground and children’s playroom complete with toys and an air hockey table.

The full story can be found at: https://thecknow.denverpost.com/2019/05/22/mountain-air-ranch-nudist-resort-guide/213398/.
Canyon States Club Holds Joint Party with Buff-a-teams

Sunday, June 2 – The Canyon State Naturist Club (CSN) invited Tucson’s Buff-a-teams club to their Jambalaya potluck outing in Glendale, Arizona, just northeast of Phoenix.

The outing hosted by Jim and Mary was well attended by about 20 AANR members and by a “newbie” at her first social nudism outing, who enjoyed the experience. The hosts had a hot tub, swimming pool.

The potluck left nobody hungry for more, except for the Jambalaya which was totally consumed by day’s end.

There was even an impromptu car show as Jim works on restoration and had several on hand in his back yard. CSN says they have about 100 members and they host an outing virtually every weekend. They have a pool party scheduled for June 23 and another on July 7. Contact them at www.canyonstatenaturists.net

The Buff-a-teams Club Visit Desert Sanctuary Resort

Sunday, June 9, the Buff-a-Teams travelled about 20 miles east of town, for a day outing and potluck at Desert Sanctuary at Rincon Peak, one of the newer AANR park destinations. It is located near the Saguaro National Park and Kartchner Caverns State Park, so there are plenty of day-trip destinations for people wanting to camp or RV there. (They also have a few cabins for rent.)

Amenities included a game room with billiards and card table, fire pits, Olympic-size pool, hot tub and BBQ area. AANR discounts available with membership card.

The Buff-a-teams told us they had a great time and would be going back again in the future.

Contact the Buff-a-teams at: tucsonbuffateers@email.com
Contact Desert Sanctuary via their website at: https://www.hipcamp.com/discover/arizona/desert-sanctuary-at-rincon-peak

Coming Soon...

Lupin Lodge will host its second annual Body Festival on Saturday June 29. The club’s website calendar says the theme of the day is Body Acceptance and elimination of shame-based habits people have acquired over their lifetimes. Scheduled activities will include afternoon music on the clubhouse lawn, games, volleyball and water volleyball tournaments, body painting, and a DJ Dance in the evening.

Meanwhile, Glen Eden Sun Club is promoting its Red White and Blue Golf Cart Parade on July 4th around the grounds. Teams from nearby clubs are encouraged to visit GE that weekend and challenge the reigning Southern California champs. Individuals who want to play may also do so as teams will be chosen before the round-robin tournament.

A poolside dance will follow dinner.

Another upcoming event at G.E. this next month: the annual Chili Cookoff July 7, noon on the hospitality patio. Prizes for Best Vegetarian, Most Meaty, and Best Overall. Sign up in advance at the office to enter your dish.
Several Clubs Are Planning Summer Music Celebrations

Every summer, it is traditional for nudist parks to bring in the music to supplement to sun, water, and sports activities. This year, 2019, is the fiftieth anniversary of the granddaddy of all mega-music festivals, the Woodstock Festival held at Max Yasgur's 601-acre dairy farm in the town of Bethel, New York. So it is no surprise that several of our larger landed clubs are going all out to celebrate the occasion. Here are some of the ones being planned:

Glen Eden to Host Back-to-the-Sixties Nudestock Weekend!

Come back to the garden, at least the one Glen Eden will try to recreate this weekend for their NUDESTOCK music celebration Friday, July 19 - Sunday, July 21. The gate fee is $26.00 per person per day. Bands will be playing all weekend long.

During all this they’ll have their usual water volleyball games, tennis clinics, cribbage and 8-ball tournaments. Or you can just chill in their great pool, Jacuzzi, or lounge around listening to the tunes. The Sunshine Café will be open for breakfast, lunch, and dinner on Saturday & Sunday.

If you wish to stay overnight and want accommodations, or to camp, contact Glen Eden directly at (951) 277-4650 to make reservations.

Lupin Schedules a 50th Anniversary Celebration of Woodstock Nation

Lupin Lodge is also focusing their music festival to coincide with the fiftieth anniversary of Woodstock.

The club invites everyone to come dressed (at least at first) in appropriate 60’s counterculture garb and “groove on the clubhouse lawn” on July 17, while the music flows from under the giant oak tree stage all afternoon. There will be body painting, mud painting, hot tubbing and water volleyball!

An anniversary dance with all the appropriate music from the era starts at 8 pm in the clubhouse.

Visit their website at www.lupinlodge.com for more information and call the park at (408) 353-9200 for overnight reservations.

Laguna del Sol Requires Camping Reservations for Naked Man and Nudestock Events

Laguna del Sol asked us to remind our readers that both the camping and RV areas at Laguna del Sol always sells out early for the park’s two main summer events: Naked Man (August 1-4) and the Nudestock Music Festival (September 12-15).

The annual Nudestock music draws bands from all over northern California and beyond. Booths will be selling all varieties of hats, wraps, jewelry, and other gear. Over a thousand additional park guests are expected those weekends so plan accordingly.

Contact the LDS office now to confirm or make your reservations: email: office@lagunadelsol.com or call them at 916-687-6550.

Summer Office hours are: Sat – Thurs: 8 am to 6 pm, and Fridays 8 am to 7 pm . The Lakeside Inn is open Mondays 8 am to 7 pm, Tuesdays – Thursdays 9 am to 7 pm Fri & Sat – 8 am to 9 pm, and Sundays 8 am to 8 pm.

De Anza Springs Planning 3-Day Nudestock Music Festival

On the same Woodstock anniversary weekend, De Anza Springs Resort will also be hosting their own 3-day event, 8/16-18/2019. Their website lists five different bands are booked to entertain nonstop in the Oasis Lounge on those evenings. For RV and camping reservations, call their office at 619.766.4301. More information can be found on their website at http://www.deanzasprings.com/

What is Your Club Doing for Nude Recreation Week, July 8-13?

AANR International is promoting its Second Annual "International Skinny Dip Day" on Saturday, July 13, the final day of Nude Recreation Week across America.

The event celebrates the natural joy of a carefree swim without cumbersome clothing. AANR clubs across North America are asked to host a special celebration of the day with special activities such as open houses, dance parties, sports tournaments, chili cook-offs, “bare buns fun runs,” health screenings, art shows, and more.

Nude Recreation Week was started by Lee Baxandall and The Naturist Society 44 years ago as a way of promoting nude recreation at beaches and on public lands. It has expanded over the years and is now embraced by all nudist organizations around the world.

Let us know what your club plans to do and we will promote it here in next month’s newsletter.
Regional News

Thanks to Rolf, Cyndi, and Jeff for staffing the information booth.

AANR-West Hosts Annual Summer Festival at Glen Eden Sun Club

The annual AANR-West Summer Festival was held this year at the Glen Eden Sun Club in Corona from Friday, May 31 through Sunday, June 2. The region sponsored several inter-club tournaments in volleyball, Tennis (doubles and singles), Cribbage, Billiards, Pickleball, Disc Golf, and Texas Hold'em.

Have You Used Your Passport Yet?

The Passport program is a way for AANR members and their guests to visit many different clubs. We especially wanted to encourage our Associate members, who are not affiliated with any club, to feel more welcome at the nudist parks and also at the many non-landed local clubs and bed and breakfast sites affiliated with AANR that are scattered throughout the eight western states.”

Don’t have a Passport book yet? You may purchase one at any participating club in the 8 western states, or you may purchase one at the AANR-West website at www.aanrwest.org. may via PayPal for $10 online including shipping. Books cost less at most clubs (usually around $5).

Clubs may have already begun greeting at their check-in desks some of the 230 people in the region who have received their Passport books. [Clubs: be sure your staff know what to do when someone presents them their book.]

Reminder: A raffle will be held in July 2020 for great prizes offered by the various clubs (merchandise, dinners, gate fee coupons, weekend days, etc.) to those who participate in the program and get their books stamped at different clubs and participating events.

For more information, see the Home Page of the www.aanrwest.org website.

Make Your Reservations Soon for AANR-West Convention

Location: Mountain Air Ranch, Colorado
Thursday through Sunday, July 25-28

AANR-West coordinates many of the activities in the eight western states from Wyoming to New Mexico to Hawaii and western Mexico, mostly through organized clubs and beach groups.

Once each summer, delegates from these clubs come together in convention to discuss policy, share advice, review legislation, and make plans to protect the privilege of nude recreation for all those in these states wishing to exercise a cloth-free way of life.

This year, the convention will be near Denver, Colorado, at Mountain Air Ranch, one of the oldest established nudist resorts in the western U.S. Rooms are sold out on the grounds but camping sites are still available, as are rooms at a motel a few minutes away.

All clubs and Associates (members not affiliated with a club) are eligible to participate and vote at this annual meeting where your ideas and suggestions for improving our service and operations get discussed and voted on.

There will be several informative workshops with breaks over the 4-day event for many fun activities including sports competitions, karaoke, hiking, and dancing. There will also be an ice cream social and a wine and cheese reception open to all attendees. And you will meet some interesting fellow nudists!

[See story about Mountain Air on page 3 of this newsletter]
If you want to attend, please contact Chris May at Mountain Air Ranch at (303) 697-4083.

Convention Delegate Credentials Packets Have Been Sent to All Clubs

AANR-West has sent out a packet via email to all club presidents concerning your participation in the summer convention, July 25-28.

Clubs get delegates based on a formula of one vote per 25 AANR members.

All clubs need to mail back a signed form listing the names of who their delegates and alternates to the convention will be. Also included in the packet will be nomination forms should anyone wish to run for a seat on the Board of Directors for AANR-West. There are five Director seats open this year, and all four officers will also be up for election (President, VP, Secretary, and Treasurer). Please consider giving some volunteer time this next year!

Also in the packet will be forms to nominate any worthy Man of the Year, Woman of the Year, and Family of the Year. We prefer these awards be given to the unsung heroes in the clubs who work very hard and deserve some recognition.

Please return your completed forms to the address indicated by the end of the month.
**In Other Nudist News...**

**Hell Freezes Over! Facebook Will Reconsider Its Nudity Guidelines**

The National Coalition Against Censorship (NCAC) announced on June 6 that social media giant Facebook will “reconsider” its nudity guidelines, which currently bans photographic nudity and, most infamously, “female nipples.”

In collaboration with the NCAC, representatives from the social media giant (which also owns and operates Instagram) will meet with a group of artists, educators, curators, and activists to discuss the impact of its current policies and how they can be revised to better serve creators.

The news comes just days after the NCAC and photographer Spencer Tunick staged a photo shoot outside of Facebook’s New York City offices to challenge the company’s policies.

A part of the #FreeTheNipple campaign, the shoot featured more than 100 models holding enlarged images of “donated” male nipples and wearing male nipple pasties, inspired by artist Micol Hebron’s 2014 creation.

In recent months, Facebook has faced scrutiny for its community guidelines and censorship practices. The site’s policies, which make an exception for nudity in paintings and sculptures, exclude photography.

Photographers reported having their accounts and photos deleted without warning or explanation. NCAC noted the current policy “disproportionately affects artists whose work focuses on already-marginalized bodies, including queer and gender-non-conforming artists.”

In 2010, the NCAC worked with YouTube to adjust its policies to allow artistic nudity after the site removed a work by filmmaker Amy Greenfield that included female nudity.

According to the NCAC, the upcoming meeting with Facebook and stakeholders will address, “the issue of nude photographic art and the harm done to artists” and “provide insights into the challenges Facebook has faced in developing its nudity policies and explore ideas for a path forward.”

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**Irish Women “Strip and Dip” To Help Fight Cancer**

On Saturday, June 8, an estimated 1,800 women stripped down and splashed in the sea at the secluded Magheramore Beach in County Wicklow, Ireland, to raise money for the fight against cancer.

In its seventh year, the Strip and Dip charity swim raised £623,000 ($700,000 US) total. The money raised will go to Aoibheann’s Pink Tie, Ireland's national children's cancer charity. Watch the full video at:

https://www.thesun.co.uk/news/9251602/skinny-dip-cancer-ireland-women/

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*People pose nude holding cut outs of nipples during a photo shoot outside the New York City offices of Facebook by artist Spencer Tunick on June 2, 2019.*

*This group of women hold a sign that says 'Team Flash and Splash' as they join other women.*
Always Something Happening Around the Region!

Below is a list of major club activities for the next several weeks from around the region. This is only a partial list. Visit the aanrwest.org website for a more complete list. Click on the club link at right to view some details about the event at the club’s web site.

### Calendar of Major Events at the Clubs June 1 - 30

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<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Host Club</th>
<th>Club Link</th>
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</table>

**07/08/19 - 7/14 Nude Recreation Week**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Host Club</th>
<th>Club Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>07/12/19</td>
<td>Karaoke Night</td>
<td>Mountain Air Ranch</td>
<td><a href="mailto:marinfo@tryndue.com">marinfo@tryndue.com</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Potluck BBQ &amp; Marbles Tournament</td>
<td>Front Range Naturists</td>
<td><a href="mailto:clubinfo@frncolorado.com">clubinfo@frncolorado.com</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Members Appreciation (Luau) Party</td>
<td>SCNA</td>
<td><a href="mailto:scna@socalnaturist.org">scna@socalnaturist.org</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Back to the 80’s Dance</td>
<td>Olive Dell Ranch</td>
<td><a href="mailto:olivedell1952@gmail.com">olivedell1952@gmail.com</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Camping at Faywood Hot Springs</td>
<td>SunTree Travel Club</td>
<td><a href="mailto:information@suntree.net">information@suntree.net</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Game Night</td>
<td>Mountain Air Ranch</td>
<td><a href="mailto:marinfo@tryndue.com">marinfo@tryndue.com</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Vita Nuda So Cal Day</td>
<td>Olive Dell Ranch</td>
<td><a href="mailto:olivedell1952@gmail.com">olivedell1952@gmail.com</a></td>
</tr>
<tr>
<td>07/13/19</td>
<td>Pool Party in Corona</td>
<td>Olympians</td>
<td><a href="mailto:olympianclub@aol.com">olympianclub@aol.com</a></td>
</tr>
<tr>
<td>07/20-22/19</td>
<td>Nudestock</td>
<td>Glen Eden</td>
<td><a href="mailto:info@gleneden.com">info@gleneden.com</a></td>
</tr>
<tr>
<td>07/20/19</td>
<td>Art-ragous Weekend</td>
<td>Olive Dell Ranch</td>
<td><a href="mailto:olivedell1952@gmail.com">olivedell1952@gmail.com</a></td>
</tr>
<tr>
<td>07/20/19</td>
<td>Rockets and Sprockets</td>
<td>Laguna del Sol</td>
<td><a href="mailto:office@lagunadelso.com">office@lagunadelso.com</a></td>
</tr>
<tr>
<td>07/20/19</td>
<td>Summer of Love Dance</td>
<td>Lupin Lodge</td>
<td><a href="mailto:relax@lupinlodge.org">relax@lupinlodge.org</a></td>
</tr>
<tr>
<td>07/25-28/19</td>
<td>AANR-West Convention</td>
<td>Mountain Air Ranch</td>
<td><a href="mailto:marinfo@tryndue.com">marinfo@tryndue.com</a></td>
</tr>
<tr>
<td>07/27/19</td>
<td>Bates Beach Picnic</td>
<td>SCNA</td>
<td><a href="mailto:scna@socalnaturist.org">scna@socalnaturist.org</a></td>
</tr>
</tbody>
</table>

*Note: These activities and dates are subject to change.*